

Nutrition Facts

Serving size
(180g)

Calories
per serving

540

Amount/serving	% Daily Value*
Total Fat 15g	19%
Saturated Fat 6g	30%
<i>Trans</i> Fat 0.2g	
Cholesterol 25mg	8%
Sodium 940mg	41%
Vitamin D 0mcg	0%
Potassium 0mg	0%

Amount/serving	% Daily Value*
Total Carbohydrate 79g	29%
Dietary Fiber 3g	11%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 21g	42%
Calcium 325mg	25%
Iron 7.2mg	40%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.